

## Food Provider Guidelines

### Warm Evening Meal:

- Food should be on site by 6:15 pm on the evening you are preparing food.
- Food preparation is for 24 clients and 5 staff members in addition to the number in your volunteer group.
- Providers are expected to provide servers for the meal and clean up the kitchen before they leave.
- Extra food should not be left, unless it is something the residents can snack on that does not require refrigeration.
- Food providers should bring paper plates, plastic dinner ware, napkins, bowls (if needed) and dessert plates (if needed). [Group can leave these items at the center or take them with them.]
- (Assuming SDA) No Shellfish or Pork dishes in deference to the building host's rules.
- Food must be prepared offsite and be ready to serve. No cooking is permitted in the center's kitchen.
- Serving dishes, hot mitts, and utensils from the building host's kitchen may be used, however any items used must be washed, dried and put away before the group leaves.
- Warming center will provide serving gloves, paper towels, dish washing liquid and dish rags, saran wrap and foil for use by the volunteers.
- Warming center keeps a supply of bottled water on hand for the clients.

### Food types: (use your imagination)

- Salad – fruit salads, green salads, pasta salads, rice salads, etc. Bring 2-3 varieties of dressing
- Side Dish – hot vegetables, rice, pasta, etc.
- Main Dish – chicken, lasagna, meat loaf, pasta and meat sauce, enchiladas, tacos, chili, soup (try to have at least one vegetarian option available).
- Dessert – cupcakes, cake, cookies, cobbler, pie, nut breads, etc.

BE SURE TO IDENTIFY FOODS THAT MAY CONTAIN ALLERGENS LIKE NUTS, DAIRY, ETC.

### Breakfast Carry-out Bags:

- Use brown paper lunch bags.
- Bags may be assembled at the center kitchen, or pre-assembled.
- Bags may be refrigerated in the host kitchen refrigerator overnight.
- Each bag should contain a variety of items, like: (use your imagination):
  - A beverage (Capri Sun, juice, coffee/tea, water, etc.)
  - Protein (like string cheese, jerky, yogurt, etc.)
  - Fruit
  - Muffin, snack bar, donuts, etc.
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